



Trinity School Curriculum Statement for PE

INTENT

At Trinity School, we believe that physical education is an essential part of every child's development. We intend that all our pupils will be offered a wide range of inclusive, enjoyable, engaging, physical activities to develop positive participation, confidence, and self-esteem. Children will learn how to work individually and collaboratively in lessons and develop their ability to evaluate performance through peer feedback and coaching.

Children will be encouraged to challenge themselves and take risks as part of our P.E. curriculum, this is explicitly delivered through participation in 'outdoor adventurous activities'. Children are expected to learn how to swim and to recognise the dangers of the Jersey coastline, as personal safety and lifesaving skills are essential.

We aim that before leaving Trinity School, all pupils will be physically literate, so that they are empowered to lead healthy, safe, active lifestyles into adulthood.

IMPLEMENTATION

Trinity School uses the Jersey Curriculum of work as the basis for its planning in PE. To ensure coverage and progression across year groups all teachers follow a long-term curriculum plan which details a specific focus for each term.

To ensure progression across year groups class teachers follow an online resource called PE Planning <https://peplanning.org.uk/>. In addition to this, children in Y4 and Y5 complete one term of weekly swimming and water safety lessons. Groups of Reception children also attend swimming lessons during the year.

Children in Y4, Y5 and Y6 take part in a residential trip. As part of their experience children have the opportunity to participate in the 'outdoor and adventurous activities' element of the curriculum. This includes activities such as orienteering, high wires and watersports.

Throughout all year groups, children are taught PE by their class teacher or external suitably qualified coaches. A Teaching Assistant is also present in EYFS lessons to help with support and delivery of the lessons. Children in Y1 to Y6 participate in 2 hours of PE activities each week.

We teach PE to all children, whatever their ability, as PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Lessons are adapted to take into consideration the needs of all children to allow everyone to participate.

Wider Curriculum

Many other areas of the curriculum and learning are integrated into PE lessons. PE contributes to the teaching of English by encouraging children to develop their oracy skills by describing what they have done and to discuss how they might improve their performance through reflection and evaluation.

Movement and direction form a large part of all PE lessons and mathematical vocabulary is used to strengthen children's concept of these terms, along with, developing fluency through officiating and keeping score.

PE contributes to the teaching of personal, social and health education and citizenship (PSHE). Children learn about the benefits of exercise and healthy eating, and how to make informed choices. In addition, PE offers opportunities to support the social development of our children through the way we expect them to work

with each other in lessons. Groupings allow children to work together and give them the chance to discuss their ideas and performance. Their work enables them to develop a respect for other children's levels of ability and encourages them to co-operate across a range of activities and experiences.

PE contributes to children's scientific understanding about how their bodies work and how their decision making impacts their body's ability to participate and perform during physical activity.

IMPACT

By the time children leave Trinity School they will:

- Be physically literate and empowered to lead active, healthy lifestyles.
- Have found enjoyment in a wide range of sports and physical activity on offer.
- Demonstrate proficiency in Fundamental Movement skills.
- Demonstrate proficient Motor competence.
- Have an increasing awareness of rules, strategies, and tactics in a wide range of games.
- Make informed, safe long-term decisions about staying healthy through active lifestyles.
- Understand the importance of healthy participation in physical activity.

We measure impact by the triangulation of teacher assessment, informal observations, work scrutiny and pupil voice, as well as this we carry out regular Curriculum Team discussions – where areas for development are discussed, and for which targets for the year are collaboratively developed. The outcome of this all goes together to form the coming years action plans.