



PE Long Term Plan

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
EYFS Nursery			Movement & Development	Me and Myself	Fitness	Fun and Games
EYFS Reception	Movement & Development		Dance	Fun and Games	Throwing and catching	Working with Others
Year 1	Forest Schools	Forest Schools	Basketball	Netball	Tennis	Athletics
	Dodgeball	Gymnastics 1	Dance	Gymnastics 2	Fitness	Rounders
Year 2	Hockey	Football	Netball	Basketball	Tennis	Athletics
	Handball	Gymnastics 1	Dance	Gymnastics 2	Fitness	Cricket
Year 3	Tag Rugby	Netball	Hockey	Football	Tennis	Athletics
	Badminton	Gymnastics 1	Dance	Gymnastics 2	Fitness	Rounders
Year 4	Hockey	Football	Basketball	Cricket	Swimming	Swimming
	Handball	Gymnastics 1	Dance	Gymnastics 2	Dodgeball	Athletics
Year 5	TAG Rugby	Gymnastics 1	Tennis	Cricket	Netball	Athletics
	Swimming	Swimming	Dance	Gymnastics 2	Fitness	Rounders
Year 6	Football	TAG Rugby	Hockey	Basketball	Tennis	Athletics
	Badminton	Gymnastics 1	Dance	Gymnastics 2	Fitness	Cricket



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Indoor
Outdoor

Sports available:

Sport	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Total
Athletics							6
Badminton							3
Basketball							3
Cricket							4
Dodgeball							2
Dance							6
Fitness							6
Football							4
Gymnastics 1							6
Gymnastics 2							6
Handball							2
Hockey							4
Netball							4
Rounders							3
Swimming 1							2
Swimming 2							2
TAG Rugby							3
Tennis							5
Volleyball							
Forest Schools							
Units	12	12	12	12	12	12	

Children will experience 17 sports over their time at Trinity School.