



Trinity School

Curriculum Statement for PSHE

INTENT

At Trinity School, we aim for PSHE to be at the heart of our school values and it runs through all we do. Through our teaching of PSHE and our caring school environment, we promote pupils' self-esteem, mindfulness and emotional wellbeing. We help our children form worthwhile and satisfying relationships, based on respect for themselves and others.

As a school, we aim to enrich the lives of our children by providing them with the skills and opportunities to apply to their learning within and beyond the curriculum.

PSHE at Trinity Primary School is taught through the Jigsaw Scheme and enables children to reflect on their own values, attitudes and feelings, and provides them with rich learning opportunities that help our children grow and develop as caring, respectful and confident individuals.

IMPLEMENTATION

EYFS – In Reception, PSHE is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals. Reception also use the 'Jigsaw' materials when appropriate.

Key Stage 1 and Key Stage 2 – At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the Jersey Curriculum.

Trinity School is a Jigsaw flagship school. PSHE is taught as discrete units and lessons to ensure coverage. Pupils are taught PSHE using 'Jigsaw' which is a spiral, progressive scheme of work, covering all of the above and 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'. There is a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus.

At Trinity Primary School, in addition to Relationships Education, we also teach aspects of Sex Education. Alongside this we teach about different kinds of relationships because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain. The Sex Education aspects of PSHE are also taught through the 'Jigsaw' scheme of work.

PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time (at their own level):

- Autumn 1: Being Me in My World
- Autumn 2: Differences (including anti-bullying)
- Spring 1: Dreams and Goals
- Spring 2: Healthy Me
- Summer 1: Relationships
- Summer 2: Changing Me (including Sex Education)

The six Puzzles in Jigsaw are designed to progress in sequence from September to July. Each Puzzle has six Pieces (lessons). Each Piece (lesson) has two Learning Intentions: one is based on specific PSHE learning and one is based on social and emotional development. The puzzles are designed so that all year groups in the school are following the same themes at the same time, contributing to a whole school approach.

Wider Curriculum

We believe that by focusing on our Learning Powers of Self Improvement, Resilience, Co-operation, Curiosity and Concentration our children will be encouraged to build independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We praise children for their efforts, encourage them to praise others and use language to encourage children to change their way of thinking.

All year groups access a selection of “No Outsiders” books each year to teach diversity and inclusion at an age-appropriate level.

Citizenship is taught during Key Stage 1 and 2 our children learn about themselves as growing and changing individuals with their own experiences and ideas, and as members of their communities. They learn about the wider world and the interdependence of communities within it.

As a Rights Respecting Gold School, the UN rights of a child are covered and referred to frequently throughout the year across all year groups. Also, as a language friendly school, we foster an inclusive and language friendly learning environment for all students.

There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. The Jigsaw programme provides consistent messages throughout the age ranges including how and where to access help.

IMPACT

By the time children leave Trinity School they will:

- Demonstrate kindness, respect and compassion towards themselves and others.
- Be resilient, persevere and strive to be the best version of themselves that they can be
- Have a good understanding of how to stay safe, healthy and how to develop positive relationships now and in the future.
- Understand the physical aspects involved in RSE at an age appropriate level.
- Be able to understand, verbalise and manage their emotions and use a range of strategies to support them
- Be able to look after their mental health and well-being
- Have an appreciation of what it means to be a positive member of a diverse, multicultural society.
- Have the courage and ability to try new things and challenge themselves

We measure impact by the triangulation of lesson observations, work scrutiny and pupil voice, as well as this we carry regular Curriculum Team discussions – where areas for development are discussed, and for which targets for the year are collaboratively developed. The outcome of this all goes together to form the coming years action plans.