



Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1 (Red)	Katsu Curry with White Rice (df, vv) 	Traditional Fish Pie with Mashed Potato (gf)	Beef Lasagna with Croquette Potatoes	Chicken Curry with Vegetable Rice (df)	Steak Pie with Flaky Pastry Top with Oven Chips (df)
Main Choice 2 (Green)	Vegetable Quiche with Saute Potatoes (v)	Bean Chillli with Wholegrain Rice (df, gf, vv)	Tomato & Chickpea Gratin with Croquette Potatoes (gf, df, vv)	Cauliflower, Spinach and Lentil Curry with Wholegrain Rice (gf, df, vv)	Tempeh, Spinach & Sweet Potato Hotpot with Oven Chips (gf, df, vv)
Main Choice 3 (Orange)	Macaroni and Cheese (v)	Chicken Goujons with Croquette Potatoes (df)	Sausages with Mashed Potato	Beef Bolognaise with Penne Pasta (df)	Breaded Cod with Oven Chips (df)
Served With	Broccoli (gf, df, vv) or Carrot Tips (gf, df, vv)	Peas (gf,df,vv) or Sweetcorn (gf, df, vv)	Carrot Tips (gf, df, vv) or Cauliflower (gf, df, vv)	Sweetcorn (gf, df, vv) or Peas (gf, df, vv)	Baked Beans (gf, df, vv) or Peas (gf,df, vv)
Dessert	Sticky Toffee Pudding (gf,v)	Lemon Sponge (df, v)	Summer Fruit Crumble (df, vv)	Somerset Apple Cake (df, v)	 Raspberry Clotted Cream Ice Cream (v)
Allergens					

Week One

Allergens

Macaroni Cheese: Cereals containing gluten, Milk, Mustard

Vegetable Quiche.1:Cereals containing gluten, Eggs, Milk;

Katsu Curry .1:Cereals containing gluten, Mustard, Soya;

Sticky Toffee Pudding: Cereals containing gluten, Eggs, Milk;

Chicken Goujons: Cereals containing gluten;

Fish Pie.1:Fish, Milk, Mustard;

Gluten Free Lemon and Orange Sponge.1:Eggs,Milk;

Chicken Curry: Mustard;

Pork Sausages with mashed potatoes.1:Cereals containing gluten, Milk;

Tomato & Chickpea Gratin: Cereals containing gluten, Soya;

Summer Fruit Crumble.1:Cereals containing gluten;

Beef Lasagne: Cereals containing gluten, Milk;

Beef Bolognaise with penne pasta.1:Cereals containing gluten, Mustard, Soya;

Cauliflower & Spinach Curry.1:Mustard;


Somerset Apple Cake: Cereals containing gluten, Eggs;

Breaded Cod.1:Cereals containing gluten, Fish;

Tempeh, Spinach and Sweet Potato Hotpot: Soya;




Steak Pie: Cereals containing gluten, Milk;

Raspberry Ripple Ice Cream (GF,V):Eggs, Milk

<div>  <div> <div>WILTSHIRE</div> <div>EST. FARM 1991</div> <div>FOODS</div> </div> </div>					
<div>Lunch Menu Week 2</div>					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1 (Red)	Vegetarian Cottage Pie with Colcannon Mash (gf, v)	Salmon Crumble with Croquette Potatoes	Sliced Roast Chicken in Gravy with Golden Roast Potatoes (df, gf)	Sweet and Sour Chicken with Vegetable Rice (df, gf)	Shepherds Pie with Mashed Potato (gf) <div>NEW</div>
Main Choice 2 (Green)	Chickpea and Apricot Tagine with Wholegrain rice (gf, df, vv) <div>NEW</div>	Lentil Bologanise with Penne Pasta (df, vv)	Mushroom & Quorn Pie with Golden Roast Potatoes (df, vv)	Red Thai Curry with Vegetable Rice (df, vv)	Vegan Sausages with Oven Chips (df, vv)
Main Choice 3 (Orange)	Macaroni and Cheese (v)	Chicken Goujons with Croquette Potatoes (df)	Sausages and Mashed Potato	Beef Bolognaise with Penne Pasta (df)	Breaded Haddock with Oven Chips (df) <div>NEW</div>
Served With	Broccoli (gf, df, vv) or Carrot Tips (gf, df, vv)	Peas (gf, df,vv) or Sweetcorn (gf, df, vv)	Carrot Tips (gf, df, vv) or Cauliflower (gf, df, vv)	Sweetcorn (gf, df, vv) or Peas (gf, df, vv)	Baked Beans (gf, df, vv) or Peas (gf,df, vv)
Dessert	Chocolate Chip Sponge (df)	Cooked Apricots (df, gf, vv) <div>NEW</div> <div>VEGETARIAN APPROVED</div>	Apple Crumble (df, vv)	Rhubarb and Ginger Sponge (gf, df, vv) <div>NEW</div> <div>VEGETARIAN APPROVED</div>	Clotted Cream Ice Cream (df, v) <div>NEW</div>

Week Two






- Allergens
- Chickpea & Apricot Tagine: Cereals containing gluten, Sulphur Dioxide;
- Vegetarian Cottage Pie: Cereals containing gluten, Eggs, Milk, Soya;
- Macaroni Cheese.1:Cereals containing gluten, Milk, Mustard;
- Chocolate Chip Sponge: Cereals containing gluten, Eggs, Milk, Soya;
- Lentil Bolognaise.1:Cereals containing gluten, Mustard, Soya;
- Salmon Crumble: Wheat; Milk; Fish
- Chicken Goujons: Cereals containing gluten;
- Mushroom & Quorn Pie: Cereals containing gluten;
- Pork Sausages with mashed potatoes.1:Cereals containing gluten, Milk;
- Apple Crumble.1:Cereals containing gluten;
- Vegetable Thai Red Curry: Cereals containing gluten, Soya;
- Beef Bolognaise with penne pasta.1:Cereals containing gluten, Mustard, Soya;
- Gluten Free Rhubarb & Ginger Sponge: Eggs;
- Shepherd's Pie: Milk;
- Breaded Haddock: Cereals containing gluten, Fish;
- Vegan Sausages.1:Cereals containing gluten;
- Clotted Cream Ice Cream (GF,V):Eggs, Milk

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1 (Red)	Tomato, Lentil and Sweet Potato Crumble with Saute Potatoes (df, vv)	Tuna Pasta Bake (v) with Croquette Potatoes	Premium Roast Beef in Gravy with Golden Roast Potatoes (df, gf)	Pork Meatballs with Penne Pasta (df)	<div>NEW</div> Tomato and Paprika Chicken with Wholegrain Rice (df, gf) 
Main Choice 2 (Green)	Vegetarian Tikka Masala with Yellow Basmati Rice (gf, v)	Vegetable Lasagna (v) with Croquette Potatoes	Bean Chilli with Wholegrain Rice (df, gf, vv)	Potato and Leek Bake and Croquette Potatoes (gf, v)	Moroccan Bean Casserole with Potato Wedges (df, gf, vv)
Main Choice 3 (Orange)	Macaroni and Cheese v)	Chicken Goujons with Croquette Potatoes (df)	Sausages with Mashed Potato	Beef Bolognaise with Penne Pasta (df)	Breaded Cod with Oven Chips
Served With	Broccoli (gf, df, vv) or Carrot Tips (gf,df, vv)	Peas (gf,df, vv) or Sweetcorn (gf,df, vv)	Carrot Tips (gf, df, vv) or Cauliflower (gf,df, vv)	Sweetcorn (gf, df, vv) or Peas (gf,df, vv)	Baked Beans (gf, df, vv) or Peas (gf,df, vv)
Dessert	<div>NEW</div> Hot Chocolate Brownie (gf, v)	Pineapple Sponge (v)	Apricot Crumble (df, vv)	Clotted Cream Rice Pudding (v) 	<div>NEW</div> Raspberry Clotted Cream Ice Cream (v)

Week Three

- Allergens
- Vegetarian Tikka Masala: Eggs, Milk, Mustard, Soya;
- Tomato, Lentil & Sweet Potato Crumble: Cereals containing gluten;
- Macaroni Cheese.1:Cereals containing gluten, Milk, Mustard;
- Hot Chocolate Brownie: Cereals containing gluten, Eggs;
- Vegetable Lasagne.1:Cereals containing gluten, Milk;
- Tuna Pasta Bake.1:Cereals containing gluten, Fish, Milk;
- Chicken Goujons: Cereals containing gluten;
- Pineapple Sponge.1:Cereals containing gluten, Eggs;
- Pork Sausages with mashed potatoes.1:Cereals containing gluten, Milk;
- Apricot Crumble.1:Cereals containing gluten;
- Potato, Cheese and Leek Bake.: Milk;
- Pork Meatballs in Tomato & Herb Sauce: Cereals containing gluten;
- Beef Bolognaise with penne pasta.1:Cereals containing gluten, Mustard, Soya;
- Clotted Cream Rice Pudding: Milk;
- Moroccan Bean Casserole: Soya, Sulphur Dioxide;
- Breaded Cod.1:Cereals containing gluten, Fish;
- Raspberry Ripple Ice Cream (GF,V):Eggs, Milk



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1 (Red)	Plain Omelettes with Saute Potatoes (gf, v)	Salmon Crumble with Croquette Potatoes	Roast Turkey in Gravy with Golden Roast Potatoes (df, gf)	Thai Green Chicken Curry Wholegrain Rice (df, gf)  	Breaded Chicken Fillets with Oven Chips (df) 
Main Choice 2 (Green)	Lentil and Vegetable Flaky Topped Pie with Saute Potatoes (df, vv)	Baked Vegetable Pie with Golden Roast Potatoes (v)	Plant Based Shepherds Pie with Colcannon Mash (df, vv)	Cauliflower and Broccoli Pasta (v)	Vegan Sausages with Oven Chips (df, vv)
Main Choice 3 (Orange)	Macaroni and Cheese (v)	Chicken Goujons with Croquette Potatoes (df)	Sausages and Mashed Potato	Beef Bolognaise with Penne Pasta (df)	Breaded Haddock with Oven Chips (df) 
Served With	Broccoli (gf, df, vv) or Carrot Tips (gf,df, vv)	Peas (gf,df, vv) or Sweetcorn (gf,df, vv)	Carrot Tips (gf, df, vv) or Cauliflower (gf,df, vv)	Sweetcorn (gf, df, vv) or Peas (gf,df, vv)	Baked Beans (gf, df, vv) or Peas (gf,df, vv)
Dessert	GF Lemon and Orange Sponge (gf, v)	Summer Fruit Sponge (v)	Apple Pie (df, vv)	Chocolate Sponge (df,v)	Clotted Cream Ice cream (df, v) 

Week Four

Allergens

Lentil & Vegetable Flaky Pie.1:Cereals containing gluten, Mustard, Soya;

Plain Omelette 1:Eggs,Milk;

Macaroni Cheese.1:Cereals containing gluten, Milk, Mustard;

Gluten Free Lemon and Orange Sponge.1:Eggs, Milk;

Baked Vegetable Pie: Cereals containing gluten, Milk, Mustard;

Salmon Crumble: Cereals containing gluten, Fish, Milk;

Chicken Goujons: Cereals containing gluten;

Summer Fruit Sponge.1:Cereals containing gluten, Eggs;

Plant-Based Shepherd's Pie .1:Cereals containing gluten, Mustard, Soya;

Sliced Roast Turkey.1:Cereals containing gluten, Sulphur Dioxide;

Pork Sausages with mashed potatoes.1:Cereals containing gluten, Milk;

Apple Pie.1:Cereals containing gluten, Milk;

Cauliflower & Broccoli Pasta: Cereals containing gluten, Milk, Mustard, Soya;

Thai Green Chicken Curry: Soya;

Beef Bolognese with penne pasta.1:Cereals containing gluten, Mustard, Soya;

Chocolate Sponge: Eggs;

Vegan Sausages.1:Cereals containing gluten; Breaded Chicken Fillets: Cereals containing gluten;

Breaded Haddock: Cereals containing gluten, Fish;

Clotted Cream Ice Cream (GF,V):Eggs, Milk